

7.1.8



SWAYAM SIDDHI MITRA SANGH'S DEGREE COLLEGE.

(Affiliated to University of Mumbai, Recognised by Govt. of
Maharashtra)

(An ISO 9001-2000 Certified Institute)

Sonadevi Compound, Near Octroi Naka, Kalyan Road, Bhiwandi, Dist-Thane-421302.

Tel. : (02522)249191/8805249191. E-Mail : ssmsdegreecollege@gmail.com Website: www.swayamsiddhi.info

DATE: 5/3/2021

NOTICE

Our college is celebrating the International Women's Day on 8.3.2021. The program is organized by WDC in Zoom Meeting. Timing is from 10:00 AM.

Incharge of WDC
Mrs. Shalini Singh



MR
I/C Principal
Mr. Mahesh Soni

I/C PRINCIPAL
Swayam Siddhi Mitra Sangh's Degree College
Bhiwandi-421302 (Thane)

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DATE: 09/03/2021

Report On

International Women's Day Celebration

2020-2021

College celebrated International Women's Day On 08.03.2021. The program was organized by Cultural Committee. Due to Covid -19 only Female staff of swayam siddhi were invited.

Objective:

Keeping in view the growing imbalance in the man-woman ratio, we have to emphasize focusing on celebrating and felicitating women who had done some excellence in their field.

Flow of Activity:

On 8th march 2021 Swayam Siddhi Mitra Sangh's Degree College celebrated women day in which all the teaching and Non-Teaching female staff were invited and all the male staff welcomed them. Our managing trustee CA Suresh Jain Sir were guest of the day. He felicitated the female staff by giving a Rose. A short Speech was given by IC Principal Mahesh Soni Sir for all the female. Gift was given by the management to the female as well as male staff. The celebration was every short. Lastly cake cutting were done by female staff brought by male staff.

The programme was organized in collaboration of college, Cultural Committee and Women development cell.



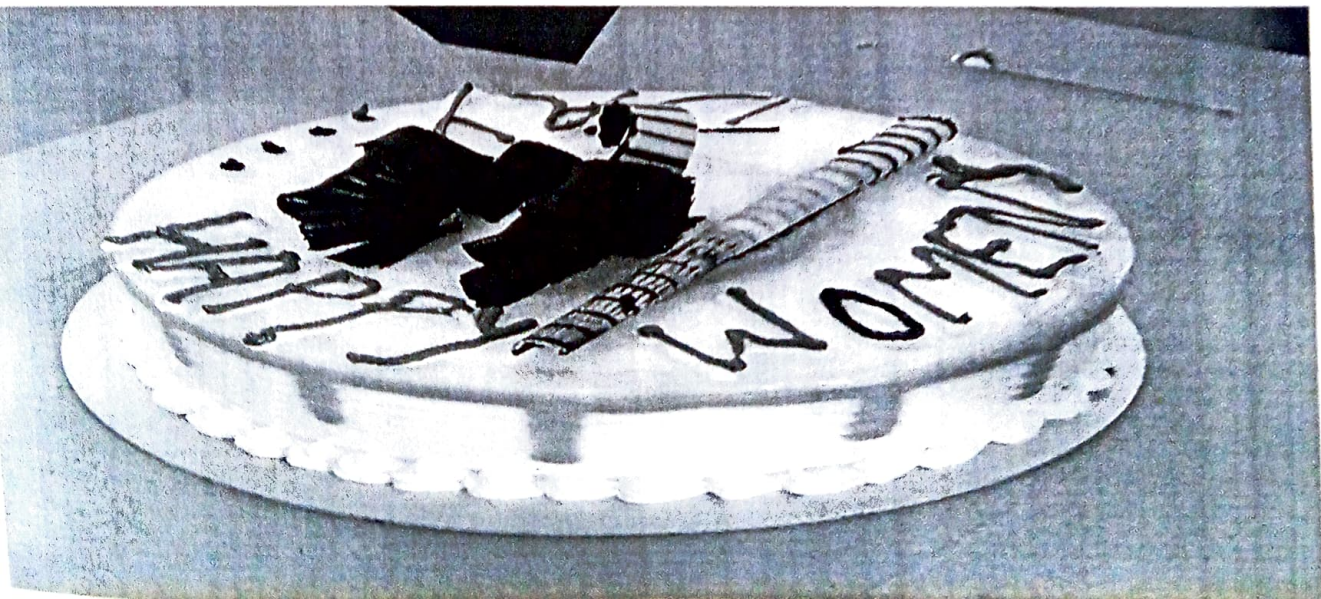
Incharge of WDC
Shalini Singh



IC PRINCIPAL
MAHESH SONI

IC PRINCIPAL
Swayam Siddhi Mitra Sangh's Degree College
Bhiwandi-421302 (Thane)

Celebrated Women's Day



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DATE: 16/10/2020

NOTICE

Our college is going with the Yoga training
programme in the mode of online through Zoom Meeting. Timing is
from 8:00 AM from 18/10/2020.



MKS
I/C Principal
Mr. Mahesh Soni

VC PRINCIPAL
Swayam Siddhi Mitra Sangh's Degree College
Bhiwandi-421302 (Thane)



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Report on

Yoga training programme

Date: 18-10-2020

Model: online through zoom meeting

Resource person: Miss. Maishra Momin

No of Beneficiaries:61

Objective:

Through the practice of certain asanas, pranayama and meditation techniques, one can enhance the power and functioning of the mind, helping children gain the art and power of focus. The ability to focus their mind on something and focus all their energy towards that goal is something Yoga helps them build

Execution:

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress.

Meditation is relaxation and rejuvenates the body and mind. With this aim in mind, a workshop was organised on the 18th October, 2020, for the student of degree college wing through a virtual platform. The yoga instructor, Ms.Seema Khurana, took yoga session with great dedication. The student participated with full interest, enthusiasm and eagerness.

The session began by seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Sukhasan, Tadasana, BhujangAsana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the teachers.

The Principal Mahesh Soni, motivated the student and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and the student in which the queries of the student were addressed satisfactorily. The session was very refreshing, reviving and relaxing.



MSS

MS PRINCIPAL
Swami Suddhi Mitra Sangh's Degree College
Bhivandi-421 302 (Thane)

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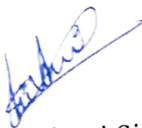
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Date: 10/10/2021

NOTICE

All the students are hereby informed to join us for the celebration of "Navratri" on 14/10/2021 from 11:00 AM in college campus. The registration will be done for the entry in Navratri celebration. The registration is from 11/10/2021 to 13/10/2021. The entry is strictly prohibited for the students who are not registered.

For further details contact to cultural committee head.


Miss. Shivani Singh
Cultural Head




Mr. Mahesh Soni
I/C Principal

I/C PRINCIPAL
Swayam Siddhi Mitra Sangh's Degree College
Bivandi-421 302 (Thane)

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Date: 16/10/2021

Report On NAVRATRI Celebration

2021-2022

Our College celebrated NAVRATRI On **14.10.2021**. The program was organized by Cultural Committee. The Garba was arranged for the students and the staff members.

Objective:

Navratri is a Hindu festival celebrated every year. Navratri is a community event, where people perform Grabas on devotional songs that are popular in the names of 'Dandiya Raas' and 'Garba Raas'

Flow of Activity:

On this occasion swayam siddhi Degree college cultural committee organized Navrati celebration on 14.10.2021 between 11.00 AM to 2.00 PM which was co-ordinated by cultural coordinations. The celebrations was started by Lamp lighting done by I/C Principal Mahesh Soni and after that prayer in the name of Navdurga and then performing Garba and Dandiya Raas by students.

Detailed Procedure:

All the students, faculty and staff Members were invited to attend the Garba Event. The event was celebrated with great enthusiastic and enjoyed a lot with joy and cheer.

We would specially like to thanks Our managing trustee CA Suresh Jain Sir and Members made special facilitation of the event by giving their valuable time and support.


A joint efforts and a big thanks to all the members of cultural committee, Faculties, group of students for the involvement and conducting smooth coordination of all the activities and the event successful.

Main coordinators of the event:

Miss. Shivani Singh
Miss.Kamini Pawar

Supporting Coordinators:

Miss.Kamini Pawar
Mr.Yogesh Pawar
Mr.Siddharth Mishra(student)


CULTURAL HEAD
SHIVANI SINGH




I/C PRINCIPAL
MAHESH SONI

I/C PRINCIPAL
Swayam Siddhi Mitra Sangh's Degree College
Biwandi-421 302 (T.R.)

Celebrated Garba



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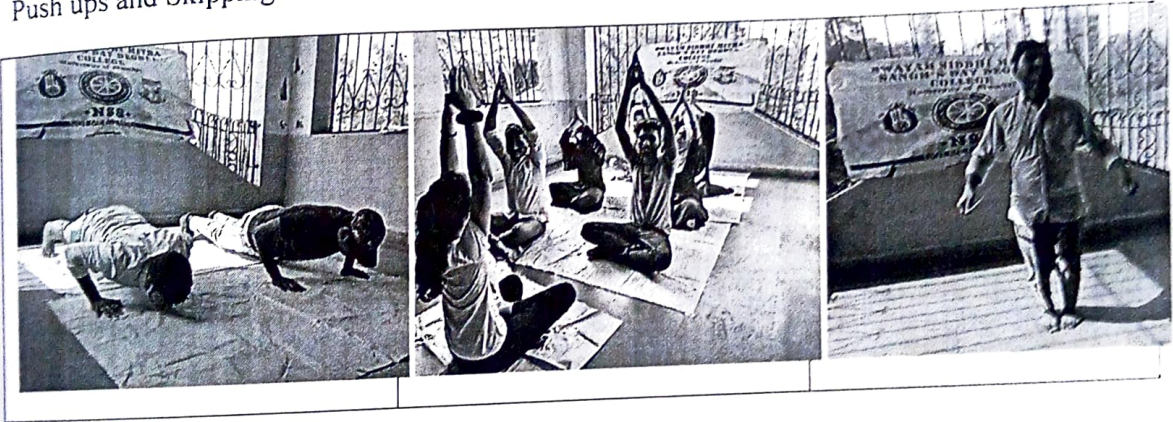
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Date: 22/6/2022

A
Report on
Yoga and Physical Fitness Day:

On the event of "Yoga & Physical Fitness Day" NSS Unit organised yoga and physical activities on the occasion of FIT INDIA CAMPAIGN, in which students performed Yoga, Push ups and Skipping.



M.S.
I/C Principal

Mr. Mahesh Soni

I/C PRINCIPAL

Swayam Siddhi Mitra Sangh's Degree College
Bhiwandi-421302 (Thane)